

RAINBOW'S END MENU- June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1 M/MA: Chicken Strap Wrap F/V 1: Peas F/V 2: Mandarin Oranges G/B: Tortilla Shell G/B: Pretzel with Cheese	2 M/MA: Turkey Sausage Rigatoni F/V 1: Broccoli F/V 2: Fruit Cocktail G/B Noodles M/MA: Vanilla Yogurt
5 M/MA: Cheese Ravioli F/V 1: Green Beans F/V 2: Applesauce G/B: Noodles F/V: Frozen Fruit	6 M/MA: Scrambled Eggs & Turkey Sausage Patties F/V 1: Diced Green Peppers F/V 2: Fruit Cocktail G/B: Biscuit M/MA: Cheese Cubes	7 M/MA: Chicken Avocado Pita F/V 1: Diced Tomatoes F/V 2: Pears G/B: Rice F/V: Apples and Apple Slices	8 M/MA: Meatloaf F/V 1: Carrots F/V 2: Peaches G/B: Roll G/B: Goldfish	9 M/MA: Cheese Pizza F/V 1: Peas F/V 2: Oranges G/B: Crust G/B: Bosco Stick
12 M/MA: Cheesy Chicken & Rice F/V 1: Veggie Medley F/V 2: Pears G/B: Rice F/V: Vanilla Wafers	13 M/MA: Turkey & Mac'N'Cheese F/V 1: Broccoli F/V 2: Fruit Cocktail G/B: Noodles M/MA: Chicken Egg Roll	14 M/MA: BBQ Chicken Sandwich F/V 1: Carrots F/V 2: Applesauce G/B: Bun G/B: Breadstick & Marinara	15 M/MA: Taco F/V 1: Lettuce/Peas F/V 2: Peaches G/B: Tortilla Shell F/V: Applesauce	16 M/MA: Fish Sticks F/V 1: Green Beans F/V 2: Oranges G/B: Roll M/MA: String Cheese G/B: Crackers
19 M/MA: Hamburger F/V 1: Carrots F/V 2: Applesauce G/B: Bun G/B: Muffins	20 M/MA: Chicken Stir Fry F/V 1: Veggie Medley F/V 2: Pears G/B: Rice M/MA: Cottage Cheese and Crackers	21 M/MA: BBQ Turkey Sandwich F/V 1: Green Beans F/V 2: Peaches G/B: Bun G/B: Bananas	22 M/MA: Chicken Alfredo F/V 1: Broccoli F/V 2: Oranges G/B: Noodles G/B: Muffins	23 M/MA: Pasta Salad & Turkey Pepperoni F/V 1: Mix Vegetables F/V 2: Fruit Cocktail G/B: Noodles F/V: Goldfish
26 M/MA: Turkey Sloppy Joe F/V 1: Carrots F/V 2: Peaches G/B: Bun G/B: Animal Crackers	27 M/MA: Meatloaf F/V 1: Mashed Potatoes F/V 2: Apple juice G/B: Roll G/B: Goldfish	28 M/MA: Chicken Fajitas F/V 1: Peas F/V 2: Pears G/B: Tortilla Shell M/MA: Cottage Cheese and Crackers	29 M/MA: Scrambled Eggs & Turkey Sausage Patties F/V 1: Diced Green Peppers F/V 2: Fruit Cocktail G/B: Biscuit M/MA: Cheese Cubes	30 M/MA: Turkey and Cheese Sandwich F/V 1 Carrots F/V 2: Peaches G/B: Bread G/B: Bananas

Menu Key: Lunch, PM Snack

M/MA: Meat/Meat Alternative All meals are served with milk.

F/V: Fruit/Vegetable All menus are subject to change.

G/B: Grain/Bread

Other: Additional items served but not necessary to meet meal pattern requirements.

Cereal Choices: Cheerios, Frosted Mini-Wheats, Cinnamon Toast Crunch

Rainbow's End menus follow the USDA Child Nutrition program. Menu Serving Times

Breakfast 8:30a.m. Lunch 11:30a.m. Snack 2:30p.m.

Daily Breakfast Menu:

Mondays:

Cereal, Fruit or Juice

Tuesdays:

Pancakes, Waffles or French toast w/ syrup, Fruit or Juice

Wednesdays:

Bagel or Muffin, Fruit or Juice

Cereal, Fruit or Juice

Fridays:

Biscuits & Gravy, jelly, or apple butter Fruit or Juice

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