


RAINBOW'S END MENU- AUGUST 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1 M/MA: Mostaccioli F/V 1: Carrots F/V 2: Fruit Cocktail G/B: Noodles F/V: Muffins	2 M/MA: Chicken Tetrazzini F/V 1: Green Beans F/V 2: Oranges G/B: Noodles GB: Applesauce	3 M/MA: Chicken Alfredo F/V 1: Broccoli F/V 2: Oranges G/B: Noodles F/V: Animal Crackers	4 M/MA: Fish Sticks F/V 1 : Green Beans F/V 2: Applesauce G/B: Breading F/V Frozen Fruit
7 M/MA: Turkey Burger F/V 1: Green Beans F/V 2: Peaches G/B: Bun M/MA Cubed Cheese	8 M/MA: Chicken Strips F/V 1: Apple Juice F/V 2: Peas G/B: Mac N Cheese G/B: Muffins	9 M/MA: Cheese Ravioli F/V 1: Broccoli F/V 2: Peas G/B: Noodle F/V: Soft Pretzel with cheese	10 M/MA: Turkey Pizza F/V 1: Carrots F/V 2: Applesauce G/B: Crust G/B: Bananas	11 M/MA: BBQ Cups F/V 1: Mixed Vegetables F/V 2: Oranges G/B Biscuit G/B: Nutri Grain Bars
14 M/MA: Beef Stroganoff F/V 1 Broccoli F/V 2: Pears G/B: Noodles G/B: Frozen Fruit	15 M/MA: Creamy Chicken and Asparagus Pasta F/V 1: Asparagus F/V 2: Peaches G/B: Noodles M/MA: Chicken Egg Roll	16 M/MA: Chicken Patty Sandwich F/V 1: Carrots F/V 2: Applesauce G/B: Bun G/B: Breadstick & Marinara	17 M/MA: Rigatoni and Turkey F/V 1: Green Beans F/V 2: Fruit Cocktail G/B: Noodles M/MA: String Cheese G/B: Crackers	18 MA: Turkey Sandwiches F/V 1: Peas F/V 2: oranges G/B: Bread M/MA: Applesauce
21 M/MA: Hamburger F/V 1: Carrots F/V2: Applesauce G/B: Bun G/B: Apples	22 M/MA: Cheeseburger Macaroni F/V 1: Broccoli F/V 2: Pears G/B: Noodles M/MA: Yogurt	23 M/MA: BBQ Chicken Sandwich F/V 1: Peas F/V 2: Peaches G/B: Bun G/B: Banana & crackers	24 M/MA: Chicken Stir Fry F/V 1: Mixed Vegetables F/V 2: Pears G/B: Rice M/MA Cottage Cheese	25 M/MA: Cheese Pizza F/V 1: Mix Vegetables F/V 2: Fruit Cocktail G/B: Crust F/V: Goldfish
28 M/MA: Chicken Pizza Quesadilla F/V 1: Carrots F/V 2: Applesauce G/B: Crust G/B: Animal Crackers	29 M/MA: Salisbury Steak F/V 1: Mix Vegetables F/V 2: Fruit Cocktail G/B: Bun F/V: Goldfish	30 M/MA: Taco F/V 1: Lettuce F/V 2: Peaches G/B: Tortilla Shell G/B: Frozen Fruit	31 M/MA: Beef & Rice F/V 1: Peas F/V 2: Peaches G/B: Rice G/B: Vanilla Wafers	

Menu Key: **Lunch, PM Snack**

M/MA: Meat/Meat Alternative

F/V: Fruit/Vegetable

G/B: Grain/Bread

Other: Additional items served but not necessary to meet meal pattern requirements.

Cereal Choices: Cheerios, Frosted Shredded Wheat, Cinnamon Toast Crunch, Bran Flakes

Rainbow's End menus follow the USDA Child Nutrition program.

All meals are served with milk

All menus are subject to change

Breakfast – 8:30 a.m. Lunch – 11:30 a.m.

PM Snack – 2:30 p.m.

Daily Breakfast Menu:

Mondays: Cereal, Fruit or Juice

Tuesdays:

Pancakes, Waffles or French toast w/ syrup, Fruit or Juice

Wednesday: Bagel or Muffin, Fruit or Juice

Thursdays:

Cereal, Fruit or Juice

Fridays:

Biscuits with butter and Apple butter, Gravy Fruit or Juice