



RAINBOW'S END MENU- MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 M/MA: Turkey Sausage Pizza F/V 1: Green Beans F/V 2: Oranges G/B: Crust G/B: Animal Crackers	2 M/MA: Chicken Noodle Soup F/V 1: Carrots and Celery F/V 2: Peaches G/B: Roll G/B: Mozzarella Cheese Sticks
5 M/MA: Turkey Burger F/V 1: Carrots F/V 2: Applesauce G/B: Bun G/B: Vanilla Wafers	6 M/MA: Chicken Alfredo F/V 1: Peas F/V 2: Peaches G/B: Noodles G/B: Chicken Egg Roll	7 M/MA: Chicken Stir Fry F/V 1: Mixed Veggies F/V 2: Fruit Cocktail G/B: Rice F/V: Goldfish	8 M/MA: Eggs & Sausage F/V 1: Fresh Diced Green Peppers F/V 2: Pears G/B: Biscuit G/B: Muffins	9 M/MA: Fish Sticks F/V 1: Broccoli F/V 2: Mandarin Oranges G/B: Roll M/MA: Cheese Slices G/B: Crackers
12 M/MA: Sausage Turkey Rigatoni F/V 1: Broccoli F/V 2: Fruit Cocktail G/B: Noodles G/B: Animal Crackers	13 M/MA: Lemon Pepper Chicken F/V 1: Mixed Veggies F/V 2: Peaches G/B: Rice G/B: Cheese Cubes	14 M/MA: Meatloaf F/V 1: Carrots F/V 2: Mashed Potatos G/B: Roll G/B: Wheat Crackers F/V: Banana	15 M/MA: Chili F/V 1: Peas F/V 2: Oranges G/B: Wheat Crackers M/MA: Cottage Cheese w/Crackers	16 M/MA: Chicken Basil Pesto F/V 1: Diced Tomatos F/V 2: Juice G/B: Roll G/B: Frozen Fruit
20 M/MA: Chicken Pizza Quesadilla F/V: Green Beans F/V: Mandarin Oranges G/B: Crust G/B: Oyster Crackers	21 M/MA: Salisbury Steak F/V 1: Mix Vegetables F/V 2: Mash Potatoes G/B: Roll G/B: Vanilla Wafers	22 M/MA: Cheese Ravioli F/V 1: Carrots F/V 2: Fruit Cocktail G/B: Noodles M/MA: Chicken Egg Roll	23 M/MA: Chicken Pot Pie F/V 1: Peas F/V 2: Pears G/B: Crust M/MA: String Cheese G/B: Wheat Crackers	24 M/MA: Turkey Burger F/V 1: Broccoli F/V 2: Peaches G/B: Bun G/B: Applesauce
27 M/MA: Chicken Strips F/V 1: Carrots F/V 2: Juice G/B: Roll G/B: Cheez-It	28 M/MA: BBQ Turkey Sandwich F/V 1: Green Beans F/V 2: Applesauce G/B: Bun F/V: Fruit	29 M/MA: Tacos F/V 1: Peas F/V 2: Pears G/B: tortilla shell G/B: Wheat Crackers F/V: Yogurt	30 M/MA: Cheeseburger Mac N Cheese F/V 1: Broccoli F/V 2: Mandarin Oranges G/B: Noodles G/B: Bananas	31 M/MA: Turkey burger Soup F/V 1: Green Bean, Carrots, Diced Tomatoes F/V 2: Peaches G/B: Noodles G/B: Muffins

Menu Key: Lunch, PM Snack

M/MA: Meat/Meat Alternative

F/V: Fruit/Vegetable

G/B: Grain/Bread

Other: Additional items served but not necessary to meet meal pattern requirements.

Cereal Choices: Cheerios, Frosted Mini-Wheats, Chex, Bran Flakes

Rainbow's End menus follow the USDA Child Nutrition program.

Menu Serving Times:

Breakfast – 8:30 a.m. Lunch – 11:30 a.m.

PM Snack – 2:30 p.m.

All meals are served with milk.

All menus are subject to change.

Daily Breakfast Menu:

Mondays:

Cereal, Fruit or Juice

Tuesdays:

French toast Sticks, Waffles, Pancakes, Fruit or Juice

Wednesdays:

Bagel or Muffin, Fruit or Juice

Thursdays:

Cereal, Fruit or Juice

Fridays:

Biscuits & Gravy, or applebutter, or jelly, Fruit or Juice