## RAINBOW’S END MENU - DECEMBER 2020

<table>
<thead>
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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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### Menu Key:
- **Breakfast, Lunch, PM Snack**
- **M/MA**: Meat/Meat Alternative
- **F/V**: Fruit/Vegetable
- **G/B**: Grain/Bread

### Other:
- Additional items served but not necessary to meet meal pattern requirements.
- **Cereal Choices**: Cheerios, Bran Flakes, Frosted Shredded Wheat
- Rainbow’s End menus follow the USDA Child Nutrition program.

### Menu Serving Times:
- **Breakfast**: 8:30 a.m.
- **Lunch**: 11:30 a.m.
- **Snack**: 2:30 p.m.

### Menu Serving Times:
- **PM Snack**: 2:30 p.m.

- We Serve: 1% milk for ages over 2
- Whole Milk for ages under 2
- We also offer Soy and Organic with Doctors note

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**CLOSED FOR HOLIDAY BREAK**

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### Cereal Choices:
- Cheerios, Bran Flakes, Frosted Shredded Wheat

Rainbow’s End menus follow the USDA Child Nutrition program.